GONE OUTDOORS · PRINT & PIN UP

52 hikes in a year

One hike a week, give or take. Fill in a square each week you get out.

NAME _____ STARTING _____ GOAL (KM) _____

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	32	33	34	35
36	37	38	39	40	41	42
43	44	45	46	47	48	49
50	51	**52**	Week 52. You did it — go find a lake and jump in.			

Missed a week? Two hikes the next one still counts. Backpacking trips count as one.

DISTANCE

METRES UP

FAVOURITE TRAIL

Rather keep it on your phone? **Trail Tracker** for iPhone adds it all up for you.

goneoutdoors.ca

Hikes 1–26

#	DATE	TRAIL	KM	M UP	WITH
1					
2					
3					
4					
5					
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25					
26					

52 HIKES IN A YEAR · LOG 2 OF 2

Hikes 27–52

#	DATE	TRAIL	KM	M UP	WITH
27					
28					
29					
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31					
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33					
34					
35					
36					
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52					